

KARATE ATLANTA

PRIDE

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PRIDE
KARATE FOR KIDS

Pride is the pleasure or satisfaction taken in something done by yourself. If you have all of your stripes then you have completed all of the necessary steps to earn your next belt! This event is an important part of your Martial Arts training. Students who are proud of their accomplishments will show it during their testing.

Some ways you can show this is by answering loud, moving fast, having powerful techniques, and being a leader for others.

Before your testing answer the questions below.

1. Which stripe on your belt are you the most proud of earning?

2. What is something you have accomplished at home that you are proud of?

3. How have you felt after receiving an award? If you cannot think of a time that you received an award, how will you feel when you earn your next belt?

STUDENT NAME: _____ RANK: _____