

# KARATE ATLANTA

Phone:  
770-623-9304

5950 State Bridge Rd  
Suite J  
John's Creek, GA 30097

Email:  
duluth@karateatlanta.com

Chief Instructor:  
Mr. Joshua Morris

Program Director:  
Ms. Kayla Douglas

White Belt Beginners		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Tigers		4:00-4:30		5:15-5:45		9:30-10:00
	Juniors	6:00-6:30		4:45-5:15	6:15-6:45		9:30-10:00

Tigers		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Orange-Black Belts		4:30-5:00		5:45-6:15	4:00-4:30	10:00-10:30

Black Belt Club		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Orange-Green Belts	4:00-4:45		6:45-7:30		5:00-5:30	10:30-11:00

Leadership Club		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Orange-Green Belts	4:00-4:45		6:45-7:30		5:00-5:30	10:30-11:00
	Purple-Red Belts	5:15-6:00	5:30-6:15		4:00-4:45	4:30-5:00	11:00-11:30

Black Belts		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Junior Black Belts		6:15-7:00	4:00-4:45	6:45-7:30	4:30-5:00	11:00-11:30
	Adult Black Belts	7:30-8:15	7:00-7:45	7:30-8:15	7:30-8:15		9:00-9:30

Adults		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All Ranks	7:30-8:15	7:00-7:45	7:30-8:15	7:30-8:15		9:00-9:30

Leadership Specialty		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Competition			5:45-6:15			11:30-12:15
	Kickboxing		8:00-8:30		8:30-9:00		
	XMA			5:15-5:45		6:00-7:00	
	Leadership*	4:45-5:15	5:00-5:30	6:15-6:45	4:45-5:15		
	Legacy	6:30-7:30					12:15-1:15
JiuJitsu/Combat					5:30-6:00		

\*All Leadership Students should attend the Leadership Class before or After their Core Class