

KARATE ATLANTA

Phone:
770-277-4355

465 Dacula Rd NE
Suite H
Dacula, GA 30019

Email:
dacula@karateatlanta.com

Chief Instructor:
Mr. Elijah Kafer

Program Director:
Mrs. Ronny Leopold

White Belt Beginners		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Tigers Level 1	4:30-5:00		5:30-6:00		4:30-5:00	9:30-10:00
	Juniors	5:00-5:30		5:00-5:30		5:00-5:30	10:00-10:30
	Teens & Adults	7:30-8:30		8:00-8:30		5:00-5:30	10:00-10:30

ATA Tigers		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Tigers Level 2 & 3		6:30-7:00		4:30-5:00		9:30-10:00

Black Belt Club		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Orange-Green Belts	5:30-6:00	5:45-6:30		5:00-5:45		10:30-11:00
	Purple-Red Belts	6:30-7:00	4:30-5:15		6:15-7:00		11:30-12:00

Leadership Club		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Orange-Green Belts	5:30-6:00	5:45-6:30		5:00-5:45		10:30-11:00
	Leadership Training	6:00-6:30	5:15-5:45		5:45-6:15		11:00-11:30
Purple-Red Belts	6:30-7:00	4:30-5:15		6:15-7:00		11:30-12:00	

Black Belts		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All Black Belts		7:00-7:45		7:45-8:30		12:30-1:00

Teens & Adults		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Teens and Adults Only <small>(may also attend program curriculum classes on any day of the week)</small>	7:30-8:30			8:00-8:30		

Specialty Classes		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Legacy Training	7:00-7:30	7:45-8:30		7:00-7:45		12:00-12:30	
	Demo Team					7:00-8:00		
	<i>Fight Club—All Protective Gear Required</i>							
	Fight Club (Ages 10 & Up)			6:00-6:30				
	Fight Club (Ages 11-14)			6:30-7:00				
	Fight Club (Ages 15 and Up)			7:00-7:30				
	<i>Leadership/Legacy Competition Training</i>							
	Traditional Forms					5:30-6:00		
	Point Sparring					6:00-6:30		
	Combat Weapons					6:30-7:00		
	XMA/Creative Weapons					7:00-7:30		
	XMA/Creative Forms					7:30-8:00		