

KARATE ATLANTA

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Chief Instructor:
Mr. Elijah Kafer

Dacula, GA 30019

Program Director:
Mrs. Ronny Leopold

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Belt Beginners	Tigers Level 1	4:30-5:00		5:30-6:00		4:30-5:00	9:30-10:00
	Juniors	5:00-5:30		5:00-5:30		5:00-5:30	10:00-10:30
	Teens & Adults	7:30-8:30		7:30-8:30		5:00-5:30	10:00-10:30

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ATA Tigers	Tigers Level 2 & 3		6:30-7:00		4:30-5:00		9:30-10:00

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Black Belt Club	Orange-Green Belts	5:30-6:00	5:45-6:30		5:00-5:45		10:30-11:00
	Purple-Red Belts	6:30-7:00	4:30-5:15		6:15-7:00		11:30-12:00

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Leadership Club	Orange-Green Belts	5:30-6:00	5:45-6:30		5:00-5:45		10:30-11:00
	Leadership Training	6:00-6:30	5:15-5:45		5:45-6:15		11:00-11:30
	Purple-Red Belts	6:30-7:00	4:30-5:15		6:15-7:00		11:30-12:00

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Black Belts	All Black Belts		7:00-7:45		7:45-8:30	6:30-7:15	12:30-1:00

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Teens & Adults	Teens and Adults Only <small>(may also attend program curriculum classes on any day of the week)</small>	7:30-8:30		7:30-8:30			

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Specialty Classes	Legacy Training	7:00-7:30	7:45-8:30		7:00-7:45		12:00-12:30
	Fight Club <i>All Protective Gear Required</i> <i>All Adults / Legacy Juniors Only</i>					7:15-8:15	
	<i>Leadership/Legacy Competition Training</i>						
	Traditional Forms					5:30-6:00	
	Point Sparring			6:00-6:30			
	Combat Weapons			6:30-7:00			
	XMA/Creative					6:00-6:30	