

KARATE ATLANTA

Phone:
770-998-7717

Roswell Corners Shopping
Center (Super Target)
1145 Woodstock Rd
Suite 600
Roswell, GA 30075

Email:
roswell@karateatlanta.com

Chief Instructor:
Mr. Brian Poole

Program Director:
Mrs. Sharon Jones

White Belt Beginners		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Tigers	4:00-4:30		5:00-5:30			9:00-9:30
Juniors	6:00-6:45		4:15-5:00		5:30-6:15	10:20-11:00	

Tigers		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	LVL 1: Orange Belts	4:00-4:30		5:00-5:30			All Tigers 9:00-9:30
LVL 2&3: Yellow-Black Belts		4:00-4:30	5:30-6:00	4:00-4:30			

Black Belt Club		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Orange-Yellow Belts	4:30-5:15		6:00-6:45		5:30-6:15	Saturday Sparring*
	Camo-Green Belts		5:15-6:00		4:30-5:15	4:45-5:30	
Purple-Red Belts	5:15-6:00	6:45-7:30		6:00-6:45	4:45-5:30		

Leadership Club		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Orange-Yellow Belts	4:30-5:15		6:00-6:45		5:30-6:15	Saturday Sparring*
	Camo-Green Belts		5:15-6:00		4:30-5:15	4:45-5:30	
	Purple-Red Belts	5:15-6:00	6:45-7:30		6:00-6:45	4:45-5:30	
	Leadership XMA White-Red Belts		6:00-6:45		5:15-6:00		
Demo Class					6:15-7:00 1st & 3rd Fridays		

Junior Black Belts		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All Junior Rec Black & Black Belts	6:45-7:30	4:30-5:15		6:45-7:30		Saturday Sparring*
	Black Belt XMA Class					6:15-7:00 1st & 3rd Fridays	
Combative Class					6:15-7:00 2nd & 4th Fridays		

Adults		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	White-Red Belts		7:30-8:30		7:30-8:30		12:20-1:00
	All Adult Rec Black & Black Belts	7:30-8:30		7:30-8:30			12:20-1:00
Combative Class					7:00-8:15		

Legacy		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legacy Class				6:45-7:30			11:40-12:20

Effective 02/01/2018
Subject to Change Without Notice

*Saturday Sparring Schedule Gear Required	Ages 5-8	Ages 9-12
	9:40-10:20	11:00-11:40