

# KARATE ATLANTA

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Email:

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Chief Instructor:

Mr. Rhett Husband

611 Hwy 74 South, Ste 725

Peachtree City, GA 30269

Program Director:

Ms. Abigail Stoms

White Belt Beginners		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	ATA Tigers	5:30-6:00	5:15-5:45	5:30-6:00	5:15-5:45		10:45-11:15*
	Juniors	6:00-6:30	5:15-5:45	6:00-6:30	5:15-5:45		10:45-11:15*
	Teens & Adults	6:45-7:30	7:00-7:45	6:45-7:30	7:00-7:45		10:00-10:45*

ATA Tigers		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Orange Belts & Up	5:00-5:30	4:00-4:30 5:45-6:15	5:00-5:30	4:00-4:30 5:45-6:15		9:30-10:00*

Black Belt Club		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Orange-Red Belts	3:45-4:30 5:30-6:15	3:45-4:30 6:15-7:00	3:45-4:30 5:30-6:15	3:45-4:30 6:15-7:00		10:00-10:45*

Leadership Club		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Orange-Red Belts	3:45-4:30 5:30-6:15	3:45-4:30 6:15-7:00	3:45-4:30 5:30-6:15	3:45-4:30 6:15-7:00		10:00-10:45*
Leadership Training	4:30-5:00 6:15-6:45	5:45-6:15	4:30-5:00 6:15-6:45	5:45-6:15	XMA/Demo Team 4:30-5:15		

Black Belts		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Junior & Adult Black Belts	6:45-7:30	4:30-5:15	6:45-7:30	4:30-5:15		

Teens & Adults		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	White-Red Belts	6:45-7:30	7:00-7:45	6:45-7:30	7:00-7:45		10:00-10:45*

**We also offer After School Karate. Ask if we pick up at your child's school.**

After School Training Program	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2:30-5:30	2:30-5:30	2:30-5:30	2:30-5:30	2:30-5:30	

Specialty		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Legacy Training		6:15-7:00			5:15-6:00	
	Fitness		7:00-7:45		7:00-7:45		9:15-10:00*
	Tumbling Acrobatics					3:45-4:30	
Tournament				6:15-7:00		10:00-10:45*	

\*Saturday classes are make up classes.  
Sign up sheet is located in front lobby.

Effective 01/02/2018

Subject to Change Without Notice