

KARATE ATLANTA

Phone:

(770) 569-5560

5354 McGinnis Ferry Rd

Suite 212

Alpharetta, GA 30005

Email:

johnscreek@karateatlanta.com

Chief Instructor:

Master Mark Burns

Program Director:

Mr. Jonathan Chapovsky

Program (BBC/LDRS): _____	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Class Commitment (mark your days)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

BBC=BLACK BELT CLUB PROGRAM MEMBERS 2-3 DAYS PER WEEK ONLY

LDRS=LEADERSHIP PROGRAM MEMBERS 3-4 DAYS PER WEEK ONLY

WHITE BELT BEGINNERS		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	TIGERS		5:00-5:30		4:30-5:00		9:30-10:00
	JUNIORS	5:15-5:45		6:00-6:30	5:00-5:30	6:00-6:30	9:30-10:00
	TEENS & ADULTS	7:45-8:30	7:45-8:30		6:45-7:30		

ATA TIGERS		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	TIGERS LVL 2 ARA-RAON		4:30-5:00	6:30-7:00	4:00-4:30		9:00-9:30
	TIGERS LVL 3 GREEN-BARON		4:00-4:30	6:30-7:00		4:00-4:30	9:00-9:30

BBC		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CORE CURRICULUM ORANGE-GREEN BELTS	4:00-4:45	3:30-4:00	3:30-4:00 5:15-6:00	6:00-6:45	4:30-5:00	10:00-10:30
	CORE CURRICULUM PURPLE-RED BELTS	5:45-6:30	5:30-6:15	4:00-4:45	3:30-4:00	5:30-6:00	11:00-11:30

LDRS		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	LEADERSHIP SPECIALTY	4:45-5:15 6:30-7:00		4:45-5:15 Purple-Red Belts Only	5:30-6:00 Orange-Green Belts Only	5:00-5:30	10:30-11:00

BLACK BELTS		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	RB/BB 1BD	7:00-7:45		7:00-7:45		6:30-7:15	11:30-12:00
	BB 2BD—UP	7:00-7:45	7:00-7:45	7:00-7:45			11:30-12:00

TEENS & ADULTS		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	WHITE-BLACK BELTS	7:45-8:30	7:45-8:30		6:45-7:30		

SPECIALTY		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	LEGACY		6:15-7:00				12:00-12:30
	DEMO						
	ADULT COMPETITION/ FIGHT CLUB*			7:45-8:30			
	LADIES CLASS					11:00 AM	

*FIGHT CLUB MUST HAVE SPARRING GEAR TO ATTEND AND COMPETING IN TOURNAMENT SEASON

RB/BB 1BD/2BD=RECOMMENDED BLACK BELT STUDENTS / 1ST & 2ND DEGREE BLACK BELT STUDENTS

LEADERSHIP STUDENTS SHOULD ATTEND THE LEADERSHIP CLASS BEFORE OR AFTER THEIR OWN RANK CLASS

Effective 8/27/2018

Subject to Change Without Notice