

KARATE ATLANTA

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Reg Developer: Rhett Husband
5th Degree Black Belt

Manager: Austin Lee
4th Degree Black Belt

White Belt Beginners		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Tigers	5:30-6:00		4:00-4:30		5:00-5:30	9:00-9:30
	Juniors		6:30-7:00		4:30-5:00	4:30-5:00	9:30-10:00

Tigers		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Orange-Green Belts	5:00-5:30		4:30-5:00		5:30-6:00	10:00-10:30
	Purple-Black Belts	4:00-4:30		5:30-6:00		5:30-6:00	10:00-10:30

Junior Core Curriculum		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Orange-Green Belts		5:45-6:30		5:00-5:45	6:00-6:45	10:30-11:15
	Purple-Red Belts		4:30-5:15		6:15-7:00	6:00-6:45	10:30-11:15

Leadership Club		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All Ranks Leadership Club Training	4:30-5:00	5:15-5:45	5:00-5:30	5:45-6:15		

Black Belts		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Black Belts	6:00-6:45		6:00-6:45		6:45-7:30	11:15-12:00

Adults		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All Ranks	7:15-8:00		7:15-8:00		6:45-7:30	11:15-12:00

Specialty		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	LEGACY TRAINING	6:45-7:15		6:45-7:15	7:00-7:45		
	COMPETITION TEAM						