

KARATE ATLANTA

Phone:

770-631-2676

Email:

peachtreecity@karateatlanta.com

Chief Instructor:

Ms. Abigail Stoms

611 Hwy 74 South, Ste 725

Peachtree City, GA 30269

Program Director:

Mr. Cameron Cullers

| White Belt Beginners | | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------|----------------|-----------|-----------|-----------|-----------|-----------|-------------|
| | ATA Tigers | | 5:15-5:45 | | 5:15-5:45 | 5:45-6:15 | 9:30-10:00 |
| | Juniors | 5:45-6:15 | | 5:45-6:15 | | 5:45-6:15 | 9:30-10:00 |
| | Teens & Adults | 6:45-7:30 | 7:30-8:15 | 6:45-7:30 | 7:30-8:15 | | 10:30-11:15 |

| ATA Tigers | | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------|--------------------|--------|-----------|-----------|-----------|-----------|-------------|
| | Orange-Green Belts | | 5:15-5:45 | | 5:15-5:45 | 5:15-5:45 | 10:00-10:30 |
| | Purple-Black Belts | | 5:15-5:45 | | 5:15-5:45 | 5:15-5:45 | 10:00-10:30 |

| Core Curriculum | | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------|------------------|------------------------|------------------------|------------------------|------------------------|--------|-------------|
| | Orange-Red Belts | 3:45-4:30 5:00-5:45 | 3:45-4:30 6:15-7:00 | 3:45-4:30 5:00-5:45 | 3:45-4:30 6:15-7:00 | | 10:00-10:30 |

| Leadership Club | | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------|---------------------|-----------|-----------|-----------|-----------|--------|----------|
| | Leadership Training | 4:30-5:00 | 5:45-6:15 | 4:30-5:00 | 5:45-6:15 | | |

| Black Belts | | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------|----------------------------|-----------|-----------|-----------|-----------|--------|-------------|
| | Junior & Adult Black Belts | 6:45-7:30 | 4:30-5:15 | 6:45-7:30 | 4:30-5:15 | | 10:30-11:15 |

| Teens & Adults | | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------|-----------------|-----------|-----------|-----------|-----------|--------|-------------|
| | White-Red Belts | 6:45-7:30 | 7:30-8:15 | 6:45-7:30 | 7:30-8:15 | | 10:30-11:15 |

We also offer After School Karate. Ask if we pick up at your child's school.

| After School Training Program | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------------|-----------|-----------|-----------|-----------|-----------|-----------|
| | 2:30-5:30 | 2:30-5:30 | 2:30-5:30 | 2:30-5:30 | 2:30-5:30 | 2:30-5:30 |

| Specialty | | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-----------|---------------------|-----------|-----------|-----------|-----------|-----------|-------------|
| | Legacy Training | 6:15-6:45 | 7:00-7:30 | 6:15-6:45 | 7:00-7:30 | | |
| | Fitness | 5:45-6:15 | | 5:45-6:15 | | 5:45-6:15 | |
| | Tumbling Acrobatics | | | | | 3:45-4:30 | |
| | Competition Team | | | | | 4:30-5:15 | 11:15-12:00 |